Going On An Airplane
• Today I am going on a plane.
• It is okay to be a little nervous.
• But I will be Safe and Happy with my Mommy, Daddy, and little sister on the plane.
• The plane will take us to Disneyland!
Before we go to the airport, I will pack my suitcase. Once we get to the airport my suitcase will go on the trunk of the airplane. That is okay because I will get the suitcase when we land at the airport by Disneyland.
I will also pack my backpack with all my special things for the airplane ride. I can play with them and hold them while I am on the plane.

- Miffy Book
- Blankie
- Favorite snack food
• We will drive to the airport and park in a big parking lot with lots of cars.
• We will walk into the airport which has magic doors that open and close.
• There will be lots of people talking and moving around.
• I will stay safe and hold onto my mommy’s hand and won’t let go of it.
• If the noise gets too loud, I can put my special noise blocking headphones on.
• At the airport we will need to stand in line to check in.
• We will go to a big ticket counter to get our suitcases ready for the trunk of the airplane.
• Bye Bye suitcase, see you in Disneyland!
• We will need to stand in line to go through a big x-ray.
• I will keep my body safe and calm while I stand in line.
• When it is my turn to go, I will:
  – Take of my shoes
  – Let go of Mommy’s hand
  – Walk Thru the X-ray
  – I will see Mommy the whole time and she will give me a big hug when I walk thru.

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• We will wait at the gate until it is our turn to get on the plane.

• I can sit on Mommy’s lap or play with one of my special things from my backpack.
When it is our turn to get on the plane, we will walk down a big hallway, I can hold my Daddy’s hand.

On the plane, I will sit next to Daddy and Mommy will sit in another row with my sister.

I will put my seatbelt on and can hold my Daddy’s hand or play with some stuff in my backpack.
• The pilot and the flight attendant will get on a loud speaker and talk to everyone on the plane about airplane rules.

• It is okay if I don’t understand, because Daddy is sitting next to me and will make sure to take care of me.
• Now the plane takes off high into the sky!
• It is okay if I get a little nervous but I just need to remember that when we land, I will be in Disneyland!
• I can now play with my toys, cuddle with dad, and get a drink from the flight attendant
• When the plane lands, I will get in line to get off and hold my Daddy’s hand tightly.

• We will go down an escalator with lots of people to get our suitcases of a suitcase ride, we will then get in a taxi and go to our hotel in Disneyland!
• I did my best and kept my body safe and used my inside voice the whole time on the airplane.
• Mommy is Happy
• Daddy is Happy
• Baby sister is Happy
• We will have a treat at the hotel for all my good work.
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